



# Lunch Menu

## Appetizers

Spinach Dip \$14  
Meatballs with Ricotta \$14  
Macaroni and Cheese Bites \$12  
Mozzarella Sticks with Marinara \$10

Pretzel Sticks \$12  
Bacon Tater Kegs \$12  
Loaded Bacon Tater Kegs \$14  
Bacon Cheese Fries \$14  
Fried Pickles with Southwest Dip \$12

## Sides

French Fries / Sweet Potato Fries / Onion Rings / Garden Salad / Caesar Salad  
Potato Salad / Pasta Salad / Macaroni Salad / Cole Slaw / Orzo Salad  
(All Sides \$5)

## Salads

*All salads served with Cucumbers, Tomatoes & Red Onion apart from Caesar Salad*

**Garden Salad** - Mixed Greens, Red & Green Peppers \$10

**Greek Salad** - Mixed Greens, Kalamatas & Feta Cheese \$13

**Caesar Salad** - Romaine Lettuce, Parmesan Cheese, Caesar Dressing & Croutons \$12

**Mandarin Salad** – Mixed Greens, Mandarin Oranges, Coconut & Almonds \$12

**Deli Salad** – Mixed Greens, Red & Green Peppers, Ham, Turkey, American Cheese & Egg \$13

**Antipasto** – Mixed Greens, Salami, Hot Ham, Mortadella, Provolone,  
Pepperoni & Marinated Vegetables \$14

**Caprese** – Mixed Greens, Fresh Mozzarella, Tomato & Basil Mix & Basil Balsamic Vinaigrette \$13

**Spinach Salad** – Spinach, Feta, Bacon & Black Olives \$13

### Additions to the Salads:

Grilled Chicken \$5 / Fried Chicken \$5 / Steak Tips \$8 / Tuna or Chicken Salad \$3 / Ahi Tuna \$7

## Wings and Tenders

Wings: 6 pc \$12 / 12 pc \$18 / 18 pc \$24

Tenders: 3 pc \$9 / 6 pc \$14 / 9 pc \$20

**Sauces:** Buffalo, BBQ, Korean BBQ, Teriyaki,  
Garlic Parmesan, Asian Soy Ginger, Bourbon

**Dips:** Ranch, Blue Cheese, Honey Mustard

## Soups

Chili Cup \$5 / Bowl \$8

Clam Chowder Cup \$6 / Bowl \$9

Chicken Noodle Cup \$4 / Bowl \$7

Soup of The Day Market Price

*Soups Served with Oyster Crackers*

# Sandwiches

## Specialty Sandwiches

**BLT \$10**

*Bacon, Lettuce & Tomato*

**Meatball \$10**

Meatballs, Provolone & Sauce

**Philly Steak Tip \$12**

Searched Steak Tips & Provolone Cheese  
(Can add, Mushrooms, Peppers & Onions)

**Moeschenator \$10**

Turkey, Swiss, Bacon, Avocado Spread, Lettuce & Tomato

**Buffalo Chicken \$10**

Grilled or Crispy Chicken, Lettuce, Tomato, Buffalo Sauce & Blue Cheese

**Chicken Cordon Blue \$10**

Grilled or Crispy Chicken, Ham, Swiss, Lettuce, Tomato & Ranch Dressing

**Hot Thanksgiving \$12**

Turkey, Stuffing, Gravy & Cran Mayo

**Chicken Caesar Wrap \$11** Grilled or Crispy Chicken

Romaine Lettuce, Caesar Dressing, Parmesan Cheese & Croutons

**Chicken Greek Wrap \$11** Grilled or Crispy Chicken

Mixed Greens, Tomato, Cucumber, Red Onion, Kalamata Olives, Feta  
Cheese & Greek Dressing

**Italian \$10**

Salami, Mortadella, Hot Ham, Provolone, Lettuce, Tomato, Pickles & Onion

## Create Your Own

Ham \$8

Turkey \$9

Tuna Salad \$9

Chicken Salad \$9

Grilled Chicken \$9

Chicken Tenders \$10

Caesar Wrap \$8

Greek Wrap \$9

**Choice of fixings:** Lettuce, Tomato, Red Onion,  
Pickles, Banana Peppers, Cucumbers, Olives, Red  
Peppers, Green Peppers

**Choice of Cheese:** American, Cheddar,  
Swiss or Provolone

## Specialty Grilled Cheese

All Sandwiches served on Sourdough and choice  
of Cheese: American, Cheddar,  
Swiss or Provolone

**The Classic \$6**

**Caprese \$9**

**Philly Steak Tip \$11**

**Buffalo Chicken \$10**

**Mushroom & Caramelized Onion \$8**

## Cutlet / Parmesan Sandwiches:

Chicken Parmesan \$11 - Veal Parmesan \$14

Eggplant Parmesan \$10 - Italian Cutlet Parmesan \$11

## Flatbreads

Cheese \$10 / \$14

Pepperoni \$11 / \$16

Margarita \$11 / \$17

White Parmesan \$11 / \$17

Bruschetta 11 / \$17

Meat Lovers 12 / \$18

Veggie Lovers \$11 / \$17

BBQ / Buffalo Chicken \$11 / \$17

Grilled or Crispy Chicken

## Pastas

Pasta and Meatballs \$13

Chicken Parmesan \$15

Ziti Chicken and Broccoli \$14

Ziti Chicken and Broccoli Alfredo \$15

## Plates

Chicken Tenders with Fries \$16

Chicken Wings with Fries \$16

Hamburger or Cheeseburger \$16

*All burgers served with French Fries and Lettuce, Tomato,  
Pickles and Onion on the side*

**Hours and Specials will be posted daily on our Facebook Page**

**@ Michaels Flatbread Bar and Grill**

*Consuming raw or undercooked foods may result in may increase your risk of food borne illness*